

Author	Title	Source (link if internet)	Notes	Year
<b>A</b>				
Adams, H. B.	Arousability and the Nature of Alcohol and Substance Abuse			1988
Adams, H. B.	Therapeutic Potentialities of Sensory Deprivation Procedures	International Mental Health Research Newspaper 6(4), 7-9	Book: The Deep Self	1964
Adams, H.B.	The Incredible History of REST Technology	Restricted Environmental Stimulation: Research and Commentary. pp.11 -28. Toledo, Ohio: Medical College of Ohio Press	Biological Effects on REST	1990
Adams, H. B.	Effects of reduced stimulation on institutionalized adult patients	In P. Suedfeld, Restricted Environmental Stimulation." Research and Clinical Applications. New York: Wiley, pp. 320-364.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1980
Adams, H. B.	Studies in REST III: REST, Arousability and the nature of alcohol and substance abuse	Journal of Substance Abuse Treatment, 5, 77-81	Book: The Deep Self	1988
Adams, H. B.	Studies in REST: Arousability and the nature of alcohol and substance abuse	Report for the U.S. Department of Health and Human Service	Book: The Deep Self	1987
Adams, H. B. Robertson, M. H., Cooper, G. D.	Facilitating Therapeutic personality change in patients by sensory deprivation.	Paper presented at the International Congress of Psychology	Book: The Deep Self	1963

Adams, H. B., Cooper, G. D., & Carrerra, R. N.	Individual differences in behavioral reactions of psychiatric patients to brief partial sensory deprivation	Perceptual and Motor Skills, 34, 199-217	Book: The Deep Self	1972
Adams, H. B., Cooper, G. D., & Scott, J. C.	REST and reduced alcohol consumption	Proceedings of 2nd International Conference on REST	Book: The Deep Self	1987
Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.	Imagination, Cognition and Personality	In the Bibliography of 'Chronic Whiplash-Associated Disorders and REST' by Edebol, Hanna	2007
Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.		In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007
Atkinson R.	Short-Term Exposure to REST: Enhancement Performance on a Signal-Detection Task.	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp.93-100. New York: Springer-Verlag New York Inc.		1993
Atkinson, Richard	Short-Term Exposure to REST: Enhanced Performance on a Signal-Detection Task	Selected Papers from Clinical and Experimental Restricted Environmental Stimulation, p. 93-100		
Azima, H., Vispo, R.; Azima, F.J.	Observations on anaclitic therapy during sensory deprivation.	In P. Solomon, P. E. Kubzansky, P. H. Leiderman, J. H. Mendelson, R. Trumbull & D. Wexler, Eds., Sensory Deprivation, Cambridge, MA: Harvard University Press, pp. 143-160.	In the bibliography of 'Observations on anaclitic therapy during sensory deprivation	1961

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Baker D.A	The Effects of REST and Hemispheric Synchronization Compared to the Effects of REST and Guided Imagery on the Enhancement of Creativity in Problem-Solving	2nd International Conference on REST. pp.122-126. Toledo, Ohio: IRIS Publications	Enhancement of Creativity w/ REST	1987
Baker D.A	The Use of REST in the Enhancement of Sports Performance-Tennis. Restricted Environmental Stimulation: Research and Commentary	Restricted Environmental Stimulation: Research and Commentary. pp.181-187. Toledo, Ohio: Medical College of Ohio Press	Enhancement of Performance w/ REST	1990
Ballard E.	REST in the Treatment of Persistent Psychophysiological Insomnia	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp. 187-203	Übersicht Forschungsarbeiten	1993
Barabasz M., Barabasz A. & Dyer R.	Chamber REST Reduces Alcohol Consumption: 3,6, 12 and 24 Hour Sessions			1993
Barabasz A.F. & Barabasz M.		Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives		1993
Barabasz, Arreed E.	Effects of Brief and Long Term REST on Conformity of Perception of Figure Inversion	Paper delivered at First International Conference on REST and Self Regulation, Denver, Colorado	The Book of Floating	1983

Barabasz A., Barabasz M., Dyer R. & Rather N.	Effects of Chamber REST, Flotation REST and Relaxation on Transient Mood State			1993
Barabasz M. & Barabasz A.	REST: A Key Facilitator in the Treatment of Eating Disorders			1993
Barabasz, A., Barabasz M., Bauman J.	Restricted environmental stimulation technique improves human performance: rifle marksmanship	Perceptual and Motor Skills, 76, 867-873.	PubMed; Medline	1993
Barabasz M. & Barabasz A.	Treatment of Trichotillomania and Smoking with Hypnosis and REST			1993
Barabasz A.F., Barabasz M.	Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation Research	Second International Conference on REST, pp. 110-121	Overview of REST	1987
Barabasz, A. F.	Restricted environmental stimulation and the enhancement of hypnotizability: pain, EEG alpha, skin conductance and temperature responses	International Journal of Clinical and Experimental Hypnosis, 30, 147-166.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1982
Barabasz, A.F.; Barabasz, M.	Effects of restricted environmental stimulation: enhancement of hypnotizability for experimental and chronic pain control.	International Journal of Clinical & Experimental Hypnosis: July 1989; 37(3):217-31.		1989
Barabasz M., O'Neill M. & Scoggin G.	The Physiological Panic Button: New Data	Restricted Environmental Stimulation: Research and Commentary. pp. 112-119.	Übersicht Forschungsarbeiten	1990

Barabasz M., O'Neill M., Scoggin G.	The Physiological panic Button: New Data	Restricted Environmental Stimulation: Research and Commentary. pp.112-119. Toledo, Ohio: Medical College of Ohio Press.	Biological Effects on REST	1990
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Barabasz, A.; Barabasz, M.; Warner, D.; and Bauman, J.	THE EFFECTS OF DRY FLOTATION REST ON MARKSMANSHIP PERFORMANCE: MORE DATA	Washington State University, Pullman, WA	NA	
Barabasz, M.; Barabasz, A.	REST EFFECTS ON HUMAN PERFORMANCE	Washington State University, Pullman, WA	NA	
Barabasz M. & Barabasz A.	REST Effects on Human Performance	6th International REST Conference. San Francisco.	Other	1997
Barabasz, A. F. and Barabasz, M.	The effects of consecutive floats and their timing on premenstrual syndrome; Jessen, Walter.; Clinical and Experimental Restricted Environmental Stimulation	.doc		1993
Belden, Allen, and Gregg Jacobs	REST in a Hospital-Based Stress Management Program	Paper delivered at First International Conference on REST and Self Regulation, Denver, Colorado	The Book of Floating	1983
J.A. Best	Satiation and sensory deprivation combined in smoking therapy: Some case studies and unexpected side-effects	International Journal of Addiction, Vol. 12, pp. 337-359	The Book of Floating	1977
Bexton, W.H., Heron, W., & Scott, T.H.	Effects of Decreased Variation in the sensory environment	Effects of Canadian Journal of Psychology, 8, 70—76. Copyright 1954. Canadian Psychological Association		1954

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Bood, S. Å.	Bending and mending the neurosignature. Frameworks of influence by flotation-REST (Restricted environmental stimulation technique) upon wellbeing in patients with stress related ailments	Doctoral dissertation, Karlstad University, Karlstad, Sweden. ISSN 1403-8099.	In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007
Bood, S. Å.	Bending and mending the neurosignature. Eliciting the relaxation response with help of flotation-REST in patients with stress related pain. Doctoral Dissertation.	Karlstad University Studies	In the Bibliography of 'Chronic Whiplash-Associated Disorders and REST' by Edebol, Hanna	2006
Bood, S.A.	Floating Effective for Stress and Pain, Research Suggests	Science Daily (Nov. 6, 2007)		2007
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Bood, S. Å., Sundequist, U., Norlander, T., Nordström, L., Nordenström, K., Kjellgren, A., et al.	Eliciting the relaxation response with help of flotation-REST (Restricted Environmental Stimulation Technique) in patients with stress related ailments.	International Journal of Stress Management, 13, 154-175.	In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2006

Bood, S. Å., Sundequist, U., Kjellgren, A., Nordström, G., & Norlander, T.	Effects of flotation-REST (Restricted Environmental Stimulation Technique) on stress related muscle pain: What makes the difference in therapy, attention-placebo, or the relaxation response?	Pain Research and Mangement; 2005 Winter;10(4):201-9.	.doc	2005
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Borrie R.	The Benefits of Flotation REST in a Pain Management Program			1997
Roderick Borrie, Ph.D.	A Proposal for an International Floatation Project	The following proposal was developed as a cooperative effort by the participants of the 2010 Floatation Summit on September 25 -26, 2010 in London. That this proposal materialized is a statement of the high level of cooperation that occurred at this meeting.		2010
Roderick Borrie, Ph.D.	Toward Wider Clinical Use of Flotation REST	This paper was presented September 25, 2010 at the 2010 Flotation Summit in London, UK.		2010
Borrie, R.A.	The Benefits of Flotation REST (Restricted Environmental StimulationTherapy) in a Pain Management Program.	6th International REST Conference. San Francisco.	Übersicht Forschungsarbeiten	1997
Borrie, R.A.	The use of restricted environmental stimulation therapy in treating addictive behaviors.	International Journal on Addiction, 1990-91;25(7A-8A):995-1015.		1990

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Borrie R., Dana J., Perry S., & Friedman M.	Flotation REST, Physical Therapy and Psychological Intervention in the Treatment of Physical Disabilities	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp. 289-296	Übersicht Forschungsarbeiten	1993
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Bross, Michael	A Cybernetic Model of Restricted Environmental Stimulation Effects			1990
Bross, M. & Zubek, J.P.	Progressive increase in the CFF of the non-occluded eye during prolonged monocular deprivation	Canadian Journal of Psychology	Reference in article entitled: A Cybernetic Model of Restricted Environmental Stimulation Effects	1972
Brownfield C.	Slow REST or Fast Drugs: Meditation or Medication			1993
Bruno, J. J., Heilbronner, R., Fine, T, H. & Turner, J. W.	The use of subjective reports from REST: towards a developmental systems framework.	Proceedings of the First International Conference on REST and Self-regulation.	In the Bibliography of 'Creativity Enhancement Through Floatation Isolation'	1985
Budzynski T.H.	Hemespheric Asymmetry and REST	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST. pp.2-21	Übersicht Forschungsarbeiten	1990



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Cahn H.A.	Sensory Isolation used with Cognition Modification Training to Restore Medically Declared Unfit Persons to Duty and Reduce Absenteeism in City of Phoenix Maintenance Workers	First International Conference on REST and Self-Regulation. pp.167-178	Other	1985
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Fine T.H. & Turner J.W.	2nd International Conference on REST			1985
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